

## MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Ham & Beans Cornbread Coleslaw Dessert
<b>4</b> Smothered Steak Potatoes Vegetables Dessert	<b>5</b>	<b>6</b> Pork Loin Potatoes & Cabbage Cornbread Dessert	<b>7</b>	<b>8</b> Spaghetti Salad Dessert
<b>11</b> Chunky Chicken Chowder Salad Dessert	<b>12</b>	<b>13</b> Taco Salad Dessert	<b>14</b>	<b>15</b> Meat Topped St. Patty Spuds Salad Dessert
<b>18</b> Fried Chicken Scalloped Potatoes Vegetables Dessert	<b>19</b>	<b>20</b> Swiss Steak Rice Salad Dessert	<b>21</b>	<b>22</b> Italian Sausage & Pasta Salad Dessert
<b>25</b> Chili Cornbread Salad Dessert	<b>26</b>	<i>Birthday Lunch!</i> <b>27</b> Meatloaf Potatoes Vegetables Dessert	<b>28</b>	<b>29</b> Baked Chicken Stuffing Green Beans Dessert

Lunch is served at noon on M/W/F unless otherwise noted. Cost is \$3.50/members and \$4/non-members. Menu subject to change without notice. Please notify staff if you would like a to-go meal.

## MARCH 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> BP/BS Screens 10:00 Dominoes 11:00 Chair Exercise 12:00 Lunch 1:00 Pickle Ball 1:15 Bingo	<b>2</b> 9:00 Pickleball/ Tennis/Pool  9:30 Post Polio Support Group
<b>3</b> 1:00 Pickle Ball & Games	<b>4</b> 10:00 Dominoes 11:00 Chair Exercise 12:00 Lunch 1:00 Bunco 7:00 Dance	<b>5</b> 1:00 Games & Cards 1:00 Pickle Ball 1:30 Line Dance 5:30 Dulcimer Club 6:30 Pitch	<b>6</b> 10:00 Dominoes 10:30 Chair Exercise 11:00 Coffee & Convo 12:00 Lunch 11:30 Crochet Angels 1:00 Card Bingo, Line Dance 7:00 Pickle Ball	<b>7</b> 1:00 Games 7:00 Pitch 7:30 Dance, \$6 High Rise	<b>8</b> BP/BS Screens 10:00 Dominoes 11:00 Chair Exercise 12:00 Lunch 1:00 Pickle Ball 1:15 Bingo	<b>9</b> 9:00 Pickleball/ Tennis/Pool
<b>10</b> 1:00 Pickle Ball & Games	<b>11</b> 10:00 Dominoes 11:00 Chair Exercise 12:00 Lunch 1:00 Bunco 7:00 Dance	<b>12</b> 1:00 Games 1:00 Creative Cards 1:00 Pickle Ball 1:30 Line Dance 6:30 Pitch	<b>13</b> 10:00 Dominoes 10:30 Chair Exercise 11:00 Coffee & Convo 12:00 Lunch 11:30 Crochet Angels 1:00 Card Bingo, Line Dance 7:00 Pickle Ball	<b>14</b> 1:00 Games 7:00 Pitch 7:30 Dance, \$6 Reno County Band	<b>15</b> BP/BS Screens 10:00 Dominoes 11:00 Chair Exercise 12:00 Lunch 1:00 Pickle Ball 1:15 Bingo	<b>16</b> 9:00 Pickleball/ Tennis/Pool
<b>17</b> 1:00 Pickle Ball & Games	<b>18</b> 10:00 Dominoes 11:00 Chair Exercise 12:00 Lunch 1:00 Bunco 7:00 Dance	<b>19</b> 1:00 Games & Cards 1:00 Pickle Ball 1:30 Line Dance 5:30 Dulcimer Club 6:30 Pitch	<b>20</b> 10:00 Dominoes 10:30 Chair Exercise 11:00 Coffee & Convo 12:00 Lunch 11:30 Crochet Angels 1:00 Card Bingo, Line Dance 7:00 Pickle Ball	<b>21</b> 1:00 Games 7:00 Pitch 7:30 Dance, \$6 Marlboro Country	<b>22</b> BP/BS Screens 10:00 Dominoes 11:00 Chair Exercise 12:00 Lunch 1:00 Pickle Ball 1:15 Bingo	<b>23</b> 9:00 Pickleball/ Tennis/Pool
<b>24/31</b> 1:00 Pickle Ball & Games	<b>25</b> 10:00 Dominoes 11:00 Chair Exercise 12:00 Lunch 1:00 Bunco 7:00 Dance	<b>26</b> 1:00 Games & Cards 1:00 Pickle Ball 1:30 Line Dance 5:30 Dulcimer Club 6:30 Pitch	<b>27</b> 10:00 Dominoes 10:30 Chair Exercise 11:00 Coffee & Convo 12:00 Lunch 11:30 Crochet Angels 1:00 Card Bingo, Line Dance 7:00 Pickle Ball	<b>28</b> 1:00 Games 7:00 Pitch 7:30 Dance, \$6 Mood Swings	<b>29</b> BP/BS Screens 9-11:30 Wellness & Well-Being Fair 11:00 Chair Exercise 12:00 Lunch 1:00 Pickle Ball 1:15 Bingo	<b>30</b> 9:00 Pickleball/ Tennis/Pool

### HAVEN SENIOR CENTER ONGOING ACTIVITIES:

POOL/BILLIARDS: Monday through Friday, 9 a.m.-5 p.m.  
 CARDS: Monday/Wednesday/Friday starting at 1 p.m.  
 CHAIR EXERCISES: Tuesdays & Thursdays from 9:30-10 a.m.  
 MONDAY LUNCHEON: Mondays at noon; Potluck-style lunch