

Hutchinson Recreation Commission

Youth Basketball Rules - Lil' Dribblers



Hutch Rec Goal: The goal of the Hutchinson Recreation Commission youth athletic program is to provide a positive and fun learning experience for all participants in the community. Emphasis is placed on learning the fundamental skills, basic rules of the game, and good sportsmanship; while stressing equal participation for all. The Lil' Dribblers program will feature 30 minutes of skills and drills lead by coaches, and 30 minutes of game time.

Objectives:

1. Provide development of motor skills in the given activity.
2. Build character in each individual by stressing sportsmanship and fair play.
3. Build healthy minds and bodies through physical activities.

KSHSAA rules for basketball will be followed with the following exceptions and additions:

1. **Goal Height:** 6 feet- **Court-** Full
2. **Number of Players:** A team will play with 5 players on the court. A team must have a minimum of 3 players to start or continue a game.
3. **Length of Game:** A game will consist of 4 6-minute quarters with a running clock. A one minute break will be allowed at quarters and a 2 minute break at half time.
4. **Substitutions:** At the 3 minute mark of each quarter, there will be an automatic substitution time-out. Each player must play a minimum of 2 quarters per game. We recommend using a rotation to ensure equal playing time.
5. **Time Outs:** In addition to the automatic time outs, each team will be allowed 1 time out per half. Time outs will last 1 minute.
6. **Violations:** All offensive players will be allowed 5 seconds in the lane. Traveling will only be called when the kids run with the ball. Double Dribble will not be called.
7. **Fouls:** On the first 6-team fouls, the ball will be taken out of bounds. On the 7th, 8th, and 9th foul, players will shoot a one-and-one. 10 fouls and on will be two shots. Shooting fouls will be played as in high school.
8. **Full Court Press:** Full Court pressing is not available at any point in Lil' Dribblers basketball.
9. **Fast Breaks:** Fast breaks are not allowed. The offense needs to let the defense get set before the ball is brought down.
10. Defensive players must stay inside the 3-Point Line.
11. Free Throw shooter may shoot from 1st lane space line
12. If the score is tied at the end of regulation, the game will end in a tie.

Revised 9/2016